



ADVANCED LED + LASER CLINICAL MASK USER MANUAL

IMPORTANT SYSTEM INFORMATION

This publication contains the hardware specifications, operation protocols, and compliance directives. Please read completely before initializing treatment.

A Note from the Founder

The best results with red light therapy come from regular use and finding a rhythm that fits seamlessly into your routine. For optimal dermal rejuvenation, we recommend using your Advanced LED + Laser Clinical Mask three to four times a week.

If your skin needs general maintenance or superficial toning, try using the mask on Level 1 or Level 2 for up to 10 minutes. For targeted areas requiring more intensive wrinkle reduction and cellular recovery, you may prefer Level 3 (High Intensity) for 10 to 15 minutes. Our mask offers lower brightness settings specifically for individuals whose skin does not take well to the highest power tiers.

Everyone's skin journey is different, so please take a little time to experiment with the settings and duration that feel right for you. For the best results, use it consistently on clean, dry skin. Like most good things, phototherapy works best when it becomes part of your regular self-care ritual. We really hope you love using your Advanced LED + Laser Clinical Mask as much as we do.

Corporate Brand Philosophy

In ancient Japan, Misogi was a structured ritual of spiritual and physical purification. In our modern high-stress environment, natural cellular energy is progressively depleted, giving rise to inflammatory markers. Misogi Health incorporates advanced photobiomodulation (PBM) emitting targeted deep-spectrum light bands. This targeted radiation penetrates deep into subcutaneous structures, activating cellular mitochondria, stimulating ATP production, and reducing local inflammation.

1 Advanced LED + Laser Clinical Mask (MHMK-L2 PRO)

The Advanced LED + Laser Clinical Mask is a premium, ergonomic facial rejuvenation system delivering structured quad-wavelength light integration for advanced aesthetic repair, deep recovery, and anti-aging stimulation.

1.1 Phototherapeutic Programs

- **M1: Glow Boost Therapy (Red + Double Near-Infrared):** Utilizes 665 nm Red, 850 nm Near-Infrared, and 1064 nm Deep Near-Infrared wavelengths. Reduces wrinkles, targets fine lines, and boosts local microcirculation. Recommended use: 10 minutes (up to 4 times weekly) minutes (limit to 3 times weekly) on high brightness.
- **M2: Clear Skin Therapy (Blue + Near-Infrared):** Utilizes 460 nm Blue and 850 nm Near-Infrared spectra alignment. Engineered to clear blemish-causing bacteria, control acne, alleviate redness, and treat skin inflammation. Recommended use: 5 to 10 minutes, up to 4 times weekly.

1.2 Technical Parameters

Specification Variable	Measurement / Rating
Maximum Output Power	4.0 Watts (4 W)
Wavelengths Supported	460 nm (Blue) 665 nm (Red) 850 nm (NIR) 1064 nm (Deep NIR)
Product Weight	250g
Internal Battery Capacity	1440 mAh (Provides approx. 40 minutes of continuous output)
Dimming Output Options	Level 1 (Low) Level 2 (Medium) Level 3 (High)
Safety Certifications	CE Verified, FCC Compliant, RoHS Standards

1.3 Standard Setup, Charging & Controller Protocols

1. Preparation Stage: Wash and dry your face thoroughly to remove cosmetics, skincare products, and sunscreen (mineral options act as literal light-blockers) before placing the mask over your face and adjusting the head strap for an optimal, comfortable fit.
2. Powering On: Press and hold the primary power button on the mask controller interface for 2 seconds to initialize.
3. Mode Selection: Press the dedicated Mode key on the remote control handset to switch between M1 (Glow Boost) and M2 (Clear Skin) programs.

4. Dimmable Customization: Adjust treatment timers and brightness configurations (Levels 1–3) using the intuitive remote key mapping to accommodate baseline skin sensitivities.
5. Charging Interface: Connect the system via the integrated Type-C port using the provided charging cable. A full charging cycle takes approximately 3 hours. Red indicators signal active charging status; Green indicators confirm a fully charged battery.
6. Battery Replacement (Remote): Slide open the back compartment cover on the controller unit and place new AAA cells matching the correct polarity markers (+/-).

Note: The Advanced LED + Laser Clinical Mask cannot be operated during charging cycles. Do not use the mask for more than 15 minutes per day. Clean the device post-session by wiping it with a clean, damp cloth; never use abrasive fluids or harsh chemicals.

2 Safety Precautions & Exclusion of Medical Liability

2.1 Strict Contraindications & Handling

Misogi Health systems are not suitable for patients with active cardiac pacemakers, implantable cardioverter-defibrillators (ICDs), artificial hearts, or other critical life-sustaining medical implants. Keep the device away from water, liquid ingress, or high-humidity environments to prevent failure or shock. Avoid placement or storage near active heat sources like stoves or air conditioners. Keep out of reach of children.

2.2 Disclaimer of Liability

The therapeutic devices described in this manual are wellness products designed solely for general cellular recovery and skin/muscle toning. They do not possess medical registration, credentials, or clinical clearance to diagnose, treat, prevent, or cure any disease or pathological condition. The parent manufacturer and its distribution entities offer no warranties, express or implied, regarding physical healing, dermatological diseases, cognitive therapies, or clinical efficacy. Any medical application is conducted entirely at the user's discretion and must be strictly monitored by licensed healthcare practitioners.